



MS. LEVY

LSUSD student places second in national competition

Robin Levy, third-year dental student at the LSU School of Dentistry, placed second in the 1997 American Dental Association/Dentsply Student Clinician Program, which is the annual national research competition for dental school students.

This year students from 54 dental schools throughout the United States competed.

Dr. Alan Ripps, associate professor in the LSU department of operative dentistry and biomaterials, was advisor to her project, which was entitled "The Effects of Eugenol on Dentin Bond Strength."

The ADA/Dentsply Student Clinician Program is held in conjunction with the annual session of the American Dental Association, which was in Washington, D.C., this year.

N E W O R L E A N S D E N T A L A S S O C I A T I O N

NODA News

MISSION STATEMENT

To establish and maintain a cohesive organization that serves to promote the art, science, and professionalism of dentistry, and to communicate the value of oral health to the community.

VOL. 36 FEBRUARY '98 NO. 2

Come Meet the New Members

DR. SCHWARTZ TO SPEAK ON POSTERIOR PROSTHETICS

BY DR. CHRIS BROWN
(and the Scientific Program Committee)

Carlone's Restaurant will host the NODA New Members Meeting and Dinner on Wednesday, February 18 at 100 N. Labarre Rd. near Airline Hwy. at 7 p.m. They made us an offer we couldn't refuse.

Due to the generous support of the ADA we are able to provide an excellent meal and an outstanding presentation by Dr. John Schwartz for a mere pittance. Well, for \$20 *Consumer Reports* did rate this deal a bargain.

Here is the menu our ace arrangements chairman Dr. Joe Kirn has negotiated. The dinner, with usual accompaniments, will offer a choice of three entrees:

■ Peppercrust Roast Loin of Beef with wild mushroom sauce.

■ Trout Acadiana with artichoke, mushrooms, tomatoes and shrimp in a lemon-butter sauce.

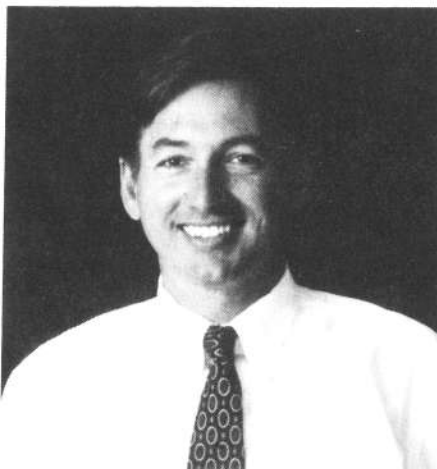
■ Breast of Chicken Pontchartrain crowned with shrimp and crawfish in a Bechamel sauce.

Costs for this feast are:

0 for members who joined NODA in 1997.

\$20 for regular members (due to the support of the ADA's membership services committee).

Non-member dentists are also being invited in order to introduce them to NODA.



DR. SCHWARTZ

Make checks out to: NODA and indicate your choice of entree on the check. Mail to NODA: 2121 N. Causeway Blvd., Ste. 153, Metairie, LA 70001.

Dr. Schwartz will lecture us on the brave new world of posterior prosthetics and a metal free environment. His focus is on using the Targis-Vectris system from Ivoclar Williams Co. And guess who is sponsoring this presentation? Is that a strange coincidence or what!

During the first half of our season we heard from Dr. Avashi that quality metal free anterior prosthetics is here. Now we will see that the

same principles can be applied to the posterior dentition. Is this not a wonderful world?

A graduate of LSUSD in 1986, John Schwartz is both a dentist and a ceramist. He has been featured in *Dentistry Today* and has lectured throughout the United States. His particular area of interest has been in esthetic dentistry.

This promises to be a great night, so call the NODA central office by February 13 to reserve your seat and meal so that we know how many to cook for. This is the time to welcome our new members with open arms. Our strength is in numbers. Be there!!

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President's Message

by ANTHEA GROGONO, BDS

As I write this message we are all getting back to work after the holiday season. I trust that everyone was happy and healthy for the break.

As I get older I appreciate much more how important the "healthy" part is! Association and friendship with our colleagues is also immensely valuable, so I hope you have already sent in your 1998 membership dues.

Your NODA officers have been working hard to make our scientific and social programs worthwhile and pleasurable. So please support us by attending as many meetings as possible. In particular, our next function on February 18 is the "New Member Dinner" in conjunction with a scientific presentation on posterior cosmetics by Dr. John Schwartz. I hope we can have a great attendance so that we can welcome new members to NODA and organized dentistry.

As most of you know I work full time at LSU School of Dentistry and feel that I have been privileged to work at such an excellent institution. We are all very fortunate to have LSUSD in our area and we seem to be able to maintain a happy symbiotic relationship.

Your NODA Board voted recently to demonstrate our support of the dental school by becoming part of the Committee of 100 and pledging to donate \$1000 per year for 10 years.

This represents less than \$2 annually for each of our members and I trust that you all are in favor of our donation. One of the first Committee projects being considered is the installation of multimedia equipment to the three auditoriums in the Administration Building. This project would obviously be of benefit to us when we attend continuing education courses at the school and we will look forward to its becoming a reality.

Please look out for your *NODA News* as it arrives each month. Our editor, Dr. Kristi Soileau, and Mr. Charlie Brennan do an excellent job of having up-to-date information and articles of interest. Thank you also to all our contributors and advertisers - we could not have such a great newsletter without you. I am looking forward to seeing many of you at our meeting on February 18.

Anthea Grogono

Research award nominations sought

Nominations are being accepted for the Norton M. Ross Award for Excellence in Clinical Research.

The award recognizes an individual who has made significant contributions in clinical investigations that have advanced the diagnosis, treatment and/or prevention of craniofacial-oral-dental diseases as well as outstanding research accomplishments in other areas.

The recipient receives a \$5,000 cash prize and a plaque which are presented at a dinner for the Board of Trustees preceding the ADA Annual Session in San Francisco in October.

The award is sponsored by ADA through its Health Foundation with the support of the Warner Lambert Company and honors Dr. Norton M. Ross, dentist and pharmacologist who contributed significantly to the fields of oral medicine and dental clinical research.

Letters of nomination should be received by ADA by June 1, 1998, and should be sent to: Joan M. Reiser, staff-coordinator, The Norton M. Ross Award, ADA, 211 E. Chicago Avenue, Chicago, IL 60611; 312-440-2549.

DENTIST DAY AT LEGISLATURE

Dentist Day at the Legislature has been set for Wednesday, May 20. Please mark your calendar now. NODA plans to have a bus for the members plus a box lunch and drinks.

We have tentative plans to invite members of the Black Dental Group (N.O. Dental Society) to come with us this year. We really had a great time meeting with the legislators and getting involved in the process. We will get more information to members by the next newsletter.

Those of you who may be a personal friend of a legislator, please help us with our contact dentist committee. We are in the process of revising our contact dentist roster. For more information on this contact Dr. Guy Ribando at 341-3120 or Dr. Randall Schaffer at 398-0047.

New dental school opens in Florida

For the first time in 20 years, a new U.S. dental school has opened its doors.

On August 11, Nova Southeastern University's College of Dental Medicine admitted its charter class of 90 students into the four-year doctor of dental medicine (DMD) program, reports the *AADS Bulletin of Dental Education*, October 1997.

Another 25 students were admitted to a three-year advanced standing program for foreign dental school graduates and 16 dentists to specialty postgraduate programs.

Nova Southeastern University is located in Ft. Lauderdale, Fla.

NODA News is published every month with the exception of June and August. Deadline for ads and editorial material is the 5th of the month preceding publication. Ads and news should be sent to Dr. Kristi Soileau, 2820 Napoleon Ave., Suite 470, New Orleans, LA 70115.

NODA News is a publication of the New Orleans Dental Assn., 2121 N. Causeway Blvd., Suite 153, Metairie, LA 70001. Phone (504) 834-6449.



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Physical exam, echocardiogram suggested for Fen-Phen takers

The U.S. Department of Health and Human Services is now recommending that the estimated 4.6 million people who were taking the appetite suppressant drugs Fen-Phen (fenfluramine and phentermine) or dexfenfluramine or fenfluramine alone receive a complete physical examination and echocardiogram to determine if they have any adverse heart conditions.

Dentists who have patients who were on these medications should refer them to their physician for the recommended evaluation and treatment before conducting any dental procedure that may cause significant bleeding.

Based on what the evaluation reveals, the dentist may then provide necessary dental treat-

ment in accordance with the revised 1979 guidelines titled: "Prevention of Bacterial Endocarditis: Recommendations by the American Heart Association and A Statement for the Dental Profession."

These guidelines were approved by the ADA's Council on Scientific Affairs and published in the August, 1997 Journal of the American Dental Association.

Under these guidelines, the dentist may prescribe a single pre-procedure dose of antibiotics for appropriate patients who are undergoing procedures that put them at risk for significant bleeding.

In addition to patients who have been on

these anorectic drugs, dentists may also prescribe antibiotic treatment to patients with cardiac conditions associated with endocarditis, including patients with prosthetic cardiac valves, patients with certain congenital heart diseases, and patients with prolapsing and leaking mitral valves.

Examples of dental procedures that might warrant antibiotic treatment include, but are not limited to, tooth extractions, periodontal (gum) surgery, root canal treatment and the placement of orthodontic bands but not brackets.

Patients who took fen-phen, or have a history of heart conditions, should inform their dentist before they undergo any dental treatment.

Fatigue syndrome may show oral symptoms

As dental professionals know, the oral cavity is where many systemic diseases, including chronic fatigue syndrome (CFS), can be detected.

According to Kathy Stern, RDH, in the *Illinois Dental News*, October 1997, CFS usually has a sudden onset accompanied by flue or flu-like symptoms, such as headaches, persistent sore throat, ringing in the ears, low-grade fever, TMJ problems, sweats and/or chills, fatigue and weakness, tender lymph nodes, and muscle and joint aches.

The cause of CFS is yet unknown, nor is there a cure, Stern writes. Among all the symptoms accompanying CFS, many oral health symptoms are present.

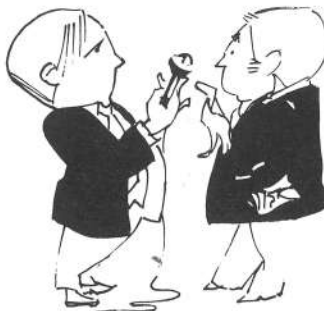
Patients may have experienced pain in all their teeth or in only one tooth, loose teeth, endodontic problems, or problems with dental anesthesia. Migratory odontalgia is another common problem.

Because CFS is similar to fibromyalgia, Stern suggests dental professionals be aware of

the symptoms of both syndromes in order to better understand the complications that may be involved.

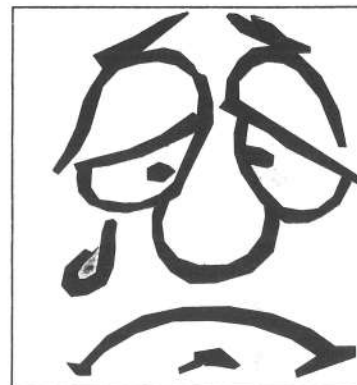
Stern notes that work on patients with CFS can be difficult. The patient must be kept comfortable and may need frequent rests during procedures. CFS can also affect the TMJ; dentists must be especially careful when working in this area.

Stern advises keeping CFS patients on a three to four month recall in order to keep a close watch on their dental health.



SMOKING AND CHILDREN'S TEETH

Development of permanent teeth may be delayed by as many as four months in children who are regularly exposed to tobacco smoke. Authors of a study published in the *Journal of Clinical Pediatric Dentistry* found that tooth maturation was delayed 35 percent in children exposed to tobacco smoke from both parents. Children of smoking fathers also showed significant delay in tooth development, but children of smoking mothers did not. Researchers speculated the stronger effect of the fathers' smoking may be due to the tendency among men to smoke cigarettes with higher nicotine, tar and carbon monoxide levels.



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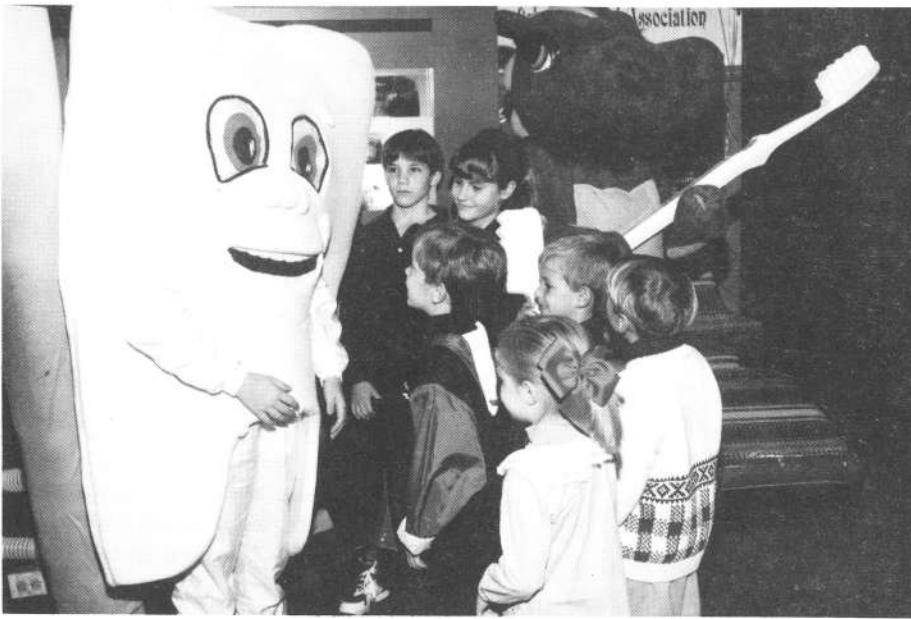
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HAPPY TOOTH is always a big attraction to Children's Dental Health Month events. The Alliance of NODA refurbished Happy Tooth's costume for this year's events. Watch for more pictures in next month's *NODA News*.

Mouthrinses containing ethanol can be dangerous to children

Mouthrinse is generally considered a safe product, although mouthrinse containing ethanol can be fatal if ingested by a small child.

In *Pediatric Dentistry*, September/October 1997, Jay D. Shulman, DMD, and Linda M. Wells, DMD, discuss the results of a study analyzing reports of the American Association of Poison Control Centers of suspected overingestion of ethanol from mouthrinses by children younger than six years of age.

Most mouthrinses now on the market contain ethanol, they note. Symptoms of ethanol intoxication vary according to the concentration of alcohol in the blood. At low doses, intoxication appears as mild euphoria, loquacity, decreased inhibitions and some lack of muscular coordination.

At high dosages, signs of toxicity include the inability to stand or walk, vomiting and impaired consciousness. Complete unconsciousness, coma and depressed reflexes result from increasing blood alcohol levels.

Irritability is often an early symptom of acute ethanol toxicity in children, and children are more likely than adults to suffer severe hypoglycemia from ethanol ingestion, say the authors.

Although there are many reports of children requiring treatment for acute ethanol toxicity following mouthrinse ingestion, the authors believe that many mild-to-moderate cases of ethanol toxicity are under-reported.

Early symptoms of ethanol toxicity in children are not necessarily similar to those in

adults. Ethanol toxicity may not be suspected if a child is irritable or lethargic. Without a report of mouthrinse ingestion, health care providers may not include ethanol toxicity in their differential diagnosis. Parents and caregivers may ignore mild-to-moderate symptoms or be unaware of the potential for toxicity.

The authors recommend several actions to decrease the likelihood of acute ethanol toxicity in children.

- Health care providers should inform parents of the dangers of ingestion of mouthrinse and encourage them to keep mouthrinse out of the reach of children.

- The FDA should require manufacturers to package larger containers of ethanol-containing mouthrinses with child-resistant caps or offer at least one package with a child-resistant cap and warning about the danger of accidental ingestion.

- The FDA should mandate readily visible warning labels that include the dangers and symptoms of accidental ingestion as well as emergency instructions.

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NODA PROFILE

NODA News continues a series of profiles of members of all ages and various lengths of membership in the Association. You may be next! Dentists are selected at random.

Dr. Breckinridge: From uptown to Katmandu

John Breckinridge's life in some ways is a study in contrasts.

He was born, raised and educated in the uptown section of New Orleans. For 31 years he has practiced dentistry in the same office a little over a mile from the 1890s uptown home where he and his wife Madelon raised their family.

But if you imagine Dr. Breckinridge and Madelon as staid stay-at-homes, you could not be more wrong.

They are in fact inveterate travelers whom you might find in any given year in London, Paris, Rome or even Hong Kong or Katmandu, Nepal.

"We take two trips overseas every year," says Dr. Breckinridge, "one each spring and fall. Last year it was France and Portugal. The year before it was Spain and England."

The Breckinridges have been to Asia four times. Indeed, one of their most memorable journeys was to Nepal where they rode elephants in the Chitwan National Forest. "It was like living in the world of 2,000 years ago," said Dr. Breckinridge.

It was during a high school Christmas vacation that young John Breckinridge spent two days watching a family friend, Dr. Abram Diaz, doing dentistry. It was long enough to determine for him what he wanted to do in life.

After graduation, he entered Loyola University for his pre-dent studies, followed by graduation in 1966 from the Loyola School of Dentistry. He became an associate and then a

partner of Dr. Luke Sansovich in the office at 2613 Napoleon Avenue.

Dr. Sansovich eventually moved to Metairie, but Dr. Breckinridge, the uptown boy, remained on Napoleon where he continues to practice today.

There the 56-year-old dentist remains, still practicing solo, with his chairside assistant of 15 years, and his front office manager of 10 years.

"The office runs so well," says Dr. Breckinridge. "We're like a family. We love good jokes and the camaraderie. We probably could use more help, but we just like it the way it is."

When he isn't practicing or traveling, Dr. Breckinridge is an avid golfer at the New Orleans Country Club. He and his wife Madelon, who grew up in Pharr-McAllen, Texas, also like to garden.

The Breckinridges are the parents of three daughters: Kathy, an attorney, who lives in Princeton, New Jersey; Betsy, who holds her master's in international public administration and works in Hong Kong and Bonny, who has a master's in medical micro-biology and lives in Houston. Each daughter has a son.

Next project for the Breckinridges: a summer home in the beautiful community of Wintergreen, Virginia, 30 miles outside of Charlottesville. "It's just off the Blue Ridge Parkway. We've owned the land for some years. It'll be sort of a vacation and eventual retirement spot," says the doctor.

Or maybe a spot between overseas getaways.



APPOINTED: Dr. Vance L. Wascom has been appointed by Gov. Foster to the Louisiana State Board of Dentistry representing the Fifth Electoral District (New Orleans area.)

Mark Your Calendar

NODA GENERAL/ELECTION MEETING NEW MEMBER DINNER

**Wed., Feb. 18, 1998 – Carlone's Restaurant
"Posterior Cosmetics"
Dr. John Schwartz**

**NODA INSTALLATION DINNER
Sat., March 28, 1998 – Dr. Ken Schott
Metairie Country Club – 7:00 p.m.**

**NODA CRAWFISH PARTY/DANCE
Fri., Apr. 17, 1998 – 7:00 p.m.
American Legion Home
Band – "Stan and the Grooves"**

**NODA GENERAL MEETING
Wed., May 20, 1998 – LSUSD – 7:00 p.m.
"Restorative Materials"
Dr. John Burgess**

49th ANNUAL NEW ORLEANS' DENTAL CONFERENCE

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DR. JOHN BRECKINRIDGE and his wife **MADOLON** set off on an elephant ride through the Chitwan National Forest in Katmandu, Nepal.



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**Continuing Education Corner**

In an effort to keep you informed about available C.E. opportunities at the LSU School of Dentistry, this area will be devoted to informational updates.

DATE	1998	COURSE / TITLE		COST
February 8		"Oral Medicine" w/Dr. Michael Glick	06 cr. hrs.	Dentist \$ 165.00
		"Cosmetic Dentistry Continuum - Level I"	75 cr. hrs.	Dentist \$5,495.00 Auxiliary \$ 995.00
		w/Drs. Eubank, Mopper, Morley, Chiche, Lemon, Levin, et alia		
		Session I	Session II	Limited Attendance
		February 13-15	March 6-8	Session III
				April 17-19
February 28		"Radiology for Dental Auxiliaries"	07 cr. hrs.	Auxiliary \$ 120.00
March 20-22		"Expanded Duty Dental Assistant" w/Dottie Austin, CDA	24 cr. hrs.	Auxiliary \$ 369.00
March 26-29		"Cosmetic Dentistry Continuum - Level II"		8-day \$7,200.00
June 18-21		w/Drs. Eubank, Malone, Mopper Sheridan, Willhite, et alia		6-day \$5,400.00
April 3		"Enhancing Your Dental Hygiene Therapy" w/Roberta L. Shaklee, DDS	07 cr. hrs.	\$ 195.00
April 4		"Temporary Restorations for Dental Assistants" w/Drs. John Burgess & Alan Ripps	07 cr. hrs.	\$ 165.00
April 25		"Radiology for Dental Auxiliaries"	07 cr. hrs.	Auxiliary \$ 120.00
May 2		"Hands-on Materials Evaluation for the Modern Dentist" w/Drs. Burgess & Ripps	07 cr. hrs.	Dentist \$ 195.00 Auxiliary \$ 75.00

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